QUICK FACTS

Approximately 1 million Americans have an abdominal aortic aneurysm and don’t know it.

An aneurysm is a bulge or ballooning in the wall of a weakened blood vessel that typically expands slowly over time and without symptoms to rupture.

AAA is the 10th leading cause of death in the U.S. among men over age 55. Risk of AAA increases with age.

Smokers are 3 to 5 times more likely to develop AAA than non-smokers. Smoking is considered to be the most important risk factor.

Males are about six times more likely to develop AAA than females.

Excess weight is associated with increased risk. Exercise and consumption of nuts, vegetables, and fruits is associated with reduced risk.

Our Mission

Since 1999, AAAneurysm Outreach has been the nation’s only nonprofit fighting the silent killer: abdominal aortic aneurysm (AAA). We work throughout the country with focused awareness, education, outreach, screenings, advocacy and support.